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Psalm 34 & 39

# The Meaning And Purpose Of Life

1) The Fleeting Nature Of This Earthly Life  
(39:1-6)

A fool gives full vent to his spirit,  
but a wise man quietly holds it back.

Proverbs 29:11

2) A Plea For Deliverance From Agony  
(39:7-13)

The years of our life are seventy,  
or even by reason of strength eighty;  
yet their span is but toil and trouble;  
they are soon gone, and we fly away.

Psalms 90:10

“You shall not wrong a sojourner or oppress him, for you were sojourners in the land of Egypt.

Exodus 22:21



Are not my days few? Then cease, and leave me alone, that I may find a little cheer before I go—and I shall not return—to the land of darkness and deep shadow,

Job 10:20-21

3) An Invitation To Magnify The Lord  
For His Deliverance (34:1-7)

Then Elisha prayed and said, "O LORD, please open his eyes that he may see." So the LORD opened the eyes of the young man, and he saw, and behold, the mountain was full of horses and chariots of fire all around Elisha.

2 Kings 6:17

4) An Invitation To Experience The  
Faithfulness Of The Lord (34:8-22)

There is nothing better for a person than that he should eat and drink and find enjoyment in his toil. This also, I saw, is from the hand of God, for apart from him who can eat or who can have enjoyment?

Ecclesiastes 2:24-25

The end of the matter; all has been heard. Fear God and keep his commandments, for this is the whole duty of man. For God will bring every deed into judgment, with every secret thing, whether good or evil.

Ecclesiastes 12:13-14

For these things took place that the Scripture might be fulfilled:  
“Not one of his bones will be broken.”

John 19:36

1 Peter 2:1-12



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